

Catholic Parishes of Aberystwyth and Lampeter

Plwyfi Catholig Aberystwyth a Llanbedr Pont Steffan

Welsh Martyrs Church

Holy Cross Church

Our Lady of Mount Carmel

Piercefield Lane, Aberystwyth, SY23 1RX

Victoria Street, Aberaeron, SA46 0DA

Pontfaen Road, Lampeter, SA48 7BS

Parish Priest | Offeiriad Plwyf Fr Matthew Roche-Saunders (matthew.roche-saunders@menevia.org)

Parish Office | Swyddfa Plwyf 01970 617159 | 07481 250934 | aberystwyth@menevia.org | lampeter@menevia.org

Safeguarding Representative | Cynrychiolydd Diogelu Tess Truss | tesstruss@gmail.com | 07792 001608

Online | Ar-lein www.pariahofaberystwyth.org.uk | www.catholicchurchlampeter.org

Facebook: **Ceredigion Catholics**

1st September 2024 | 22nd Week in Ordinary Time | Year B | Weekday Year II

Date Dyddiad	Aberystwyth Welsh Martyrs Merthyrion Cymru	Aberaeron Holy Cross Groes Sanctaidd	Lampeter Llanbedr Our Lady of Mount Carmel Ein Harglwyddes o Fynydd Carmel
Sun 1st September 22 nd Sunday in Ordinary Time Sul Cyffredin 22	5.15pm Confessions Saturday 6pm Vigil Mass <i>Clara Lonappan RIP</i> 8.30am Offeren yn Gymraeg (Holy Mass in Welsh) <i>Elaine Hannon RIP</i> 10am Confessions 10.30am Holy Mass <i>People of the Parish</i>	8.40am Confessions 9am Holy Mass <i>Private intention</i>	11am Holy Mass <i>Priest's intention</i>
Mon 2nd September			
Tue 3rd September St Gregory the Great	6pm Holy Mass <i>Charles, Sarah, Sven and Lloyd</i>	9.30am Adoration/Confessions 10.30am Holy Mass <i>Jennifer Robins</i>	
Wed 4th September	9am Adoration & Confessions 10am Holy Mass <i>Maria Chiappa RIP</i>		
Thu 5th September			6pm Adoration/Confessions 7pm Holy Mass <i>Dec'd members SVP Wembley</i>
Fri 6th September <i>First Friday</i>	10am Requiem Mass <i>Grace Pugh RIP</i> 5pm Adoration/Confessions 6pm Holy Mass <i>Ints of Bill Donovan</i> 6.45-8.15pm Morning Star Women's Retreat		
Sat 7th September Memorial of Our Lady <i>First Saturday</i>	9.30am Adoration/Confessions 10.30am Holy Mass <i>Estrella and Don Placides</i>		
Sun 8th September 23 rd Sunday in Ordinary Time Sul Cyffredin 23	5.15pm Confessions Saturday 6pm Vigil Mass <i>People of the Parish</i> 8.30am Holy Mass <i>Priest's intention</i> 10am Confessions 10.30am Family Mass <i>Private intention</i>	8.40am Confessions 9am Holy Mass <i>Christine Swan RIP</i>	11am Holy Mass <i>Priest's intention</i> 6pm Polish Mass <i>Priest's intention</i>
Sunday Plate Collection Casgliad y Sul <i>Thank you for your generosity! Diolch am eich haelioni!</i> £476.52 (Aberystwyth/Aberaeron) £123.10 (Lampeter)			

New term We pray for staff and students returning to school this week, especially those at Ysgol Padarn Sant. Next Sunday there will be a family Mass at 10.30am in Aberystwyth; Children's Liturgy returns the week after (15th).

Of your charity Please pray for the eternal repose of **Grace Pugh**, whose funeral takes place at Welsh Martyrs at 10am on Friday 6th, and for **Dave Phillips** and **Sally Cowell**, who have died recently. *May they rest in peace.*

Sunday BBQ (Aberystwyth) We'll celebrate Our Lady's birthday next Sunday 8th with a fundraising BBQ after the 10.30am Mass. Lunch will be £5 per adult and £10 for a family – contact Madeleine to buy a ticket (07866 626519).

Supply Many thanks to Fr Rod Teriote who will be covering some of our Masses once again this weekend.

Friday Nights (Aberystwyth) We're trialling having some of our regular events on Friday nights, to give the schedule a bit more structure and so that you can plan more easily the events you'd like to attend. **Morning Star** women's retreat nights will be the first Friday of each month (the next one is Friday 6th); **men's night** will be on the third Friday (Friday 20th); the **healing team** will lead us in prayer on the fourth Friday (Friday 27th). It would be great to start an 11-18 youth group on the second Friday – but this will need volunteers to help. Could that be you?

Patronal Feast Day (Aberaeron) The feast of the Holy Cross falls on Saturday 14th September. Fr Matt will be away at the National Eucharistic Congress that day, and so our feast day celebrations will move to the day after, **Sunday 15th September**. There will be tea and cake following the Mass – please stay to celebrate!

Parish Meeting (Lampeter) We'll meet after the 11am Mass on Sunday 15th September for an open parish meeting in the hall. This will be a guided conversation about various aspects of parish life. All welcome, whether to speak or simply to listen. If you'd like to submit a topic for discussion ahead of the meeting, please email Fr Matt at lampeter@menevia.org before Thursday 12th September. No new topics will be added on the day.

Contactless Donations The contactless machines in Aberystwyth and Aberaeron have been upgraded by the host company – the interface looks a bit different to normal, but it works the same way. If parishioners in Lampeter would appreciate one of these devices, please make that known and we can investigate funding a third one.

St Non's The diocesan pilgrimage to St Non's is next Saturday 7th – those going on the parish bus have been contacted. Please pray this is a time of grace for all who attend.

March for Life This takes place in London next Saturday 7th, with the theme, 'Abortion isn't healthcare'. We know of many difficult situations that parents can be in when expecting to welcome a new child – and we hold to the fact that ending that child's life is never a solution to those difficulties. The March is a visible reminder of the need to defend human life at every stage. Please keep this event in your prayer (and let Fr Matt know if you'd like to go).

Online Scripture Study The online St Ignatius group meets Monday, Wednesday and Friday from 7am-8.15am, bringing people from different parishes to study the scriptures using Fr Mike Schmitz's 'Bible in a Year' podcast series. All welcome – the Zoom link is <https://us02web.zoom.us/j/8676477085>.

SVP Celebration Mass SVP Cardiff Central Council invite you to celebrate the life and work of St Vincent de Paul on his feast day, Friday 27th September, with 12.45pm Mass at Cardiff Cathedral celebrated by Archbishop Mark. Refreshments in the Mostyn Room after Mass – *croeso cynnes i bawb*, everyone is very welcome.

'Magnificat' You may have come across this great little monthly companion, with daily readings, reflections, artwork, and a brief Morning and Evening Prayer. The publishers are offering a discount if ordered before Sept 10th (the price will increase after this). If you order through the parish, you pay just £3.75/month. If you prefer to organise your own subscription, this is £49.00/year. Let Fr Matt know if you'd be interested in a parish subscription.

Pilgrimage to Rome Join Archbishop Mark to celebrate the Jubilee Year of Hope – 16-20 June 2025 for £1030pp (sharing), including return flights (Bristol), transfers, half board and entrances. You'll see the Catacombs and attend Corpus Christi Mass and Eucharistic Procession with the Pope. Book at www.pilgrimagepeople.org (select 'Book' from the toolbar, 'Italy' from the drop-down menu, then 'Cardiff and Menevia'). A deposit of £300 is required by 13th September. For more information email office@pilgrimagepeople.org.

NHS Employees If you work for the NHS at Bronglais hospital and would be interested to take part in some research around transport to work, please contact Fr Matt for more information – you would be asked to take part in an interview of between 40minutes and an hour.

Mobile Phones Please ensure your mobile phone is switched to silent/vibrate or switched off, before Mass begins, to save distracting others during the celebration. Many thanks.

Donations If you'd like to make a donation to the mission of the parish, you can do so via the parish website or using this QR code. Many thanks for your generosity.



Food Bank Donations Collection points are in each church porch. Recent needs include:

Aberystwyth: tinned curry, tinned veg, UHT milk, tinned spaghetti rings, spray deodorant.

Aberaeron: grateful for whatever you can give.

Lampeter: strong 'Bags for Life', pasta, sugar, tea, small jars of coffee.

Diolch yn fawr iawn – thank you very much!